

CLAIMS

What is claimed is:

1. An apparatus, comprising:
a bracelet, the bracelet enclosing a volume and attached around an infant's wrist; and
a plurality of capsules within the volume, each of the plurality of capsules containing a substance that is liquid at room temperature.
2. The apparatus of claim 1, wherein the bracelet is elastic and has an inner circumference, and wherein the inner circumference increases when the bracelet is stretched.
3. The apparatus of claim 1, wherein each of the plurality of capsules has a rigid covering.
4. The apparatus of claim 1, wherein the substance is comprised of a water solution.
5. The apparatus of claim 1, wherein the substance is frozen.
6. The apparatus of claim 1, wherein the bracelet is made of a pliant material, is doughnut-shaped and has a wrist-facing side and an outer side opposite the wrist-facing side.
7. The apparatus of claim 6, wherein the pliant material is taken from the group consisting of: a woven fabric, a plastic polymer, and leather.

8. The apparatus of claim 6, wherein the pliant material is elastic.

9. The apparatus of claim 6, wherein the pliant material is less thermally conductive on the wrist-facing side of the bracelet than on the outer side.

10. The apparatus of claim 6, wherein the pliant material has plural layers on the wrist-facing side of the bracelet and a single layer elsewhere on the bracelet.

11. A method, comprising:

- (a) enclosing a substance in a bracelet;
- (b) attaching the bracelet to a wrist of an infant; and
- (c) insulating the wrist of the infant from a temperature of the substance.

12. The method of claim 11, further comprising, after step

- (a) and before step (b):
- (d) cooling the substance.

13. The method of claim 11, wherein the bracelet encloses a volume, and wherein the attaching the bracelet in step (b) involves inserting the infant's wrist into the bracelet.

14. The method of claim 13, wherein the bracelet is elastic and has an inner circumference, and wherein the attaching the bracelet in step (b) further involves stretching the bracelet such that the inner circumference of the bracelet is increased.

15. The method of claim 11, wherein the substance is enclosed within a plurality of capsules, each of the plurality of capsules having a rigid covering.

16. The method of claim 11, wherein the bracelet is made of a pliant material, is doughnut-shaped and has an inside, wrist-facing side.

17. The method of claim 16, wherein the insulating the wrist of the infant in step (c) involves making the pliant material thicker on the wrist-facing side of the bracelet than on an outer side of the bracelet.

18. The method of claim 11, wherein the insulating the wrist of the infant in step (c) involves providing the bracelet with plural layers of a pliant material at a location where the bracelet contacts the wrist of the infant.

19. A teether, comprising:

a cooled substance; and

means for attaching the cooled substance to a wrist of an infant, for applying the cooled substance to gums of the infant, and for insulating the wrist of the infant from the cooled substance.

20. The apparatus of claim 19, wherein the means constricts around the wrist of the infant.